



CERTIFICATE OF PARTICIPATION

This is to certify that

Caron Benade

Has successfully participated & completed the

10km Trail Run Wilde Karoo Trail Run

held at Oudtshoorn.

TIME 01:12:38

PACE 07:15/km

OVERALL 9 of 31

GENDER 3 of 19

50 - 59 1 of 3

02 September 2023, Sat

Date



BoutTime

Signature

